



Youth Research Inc. (YRI)– IECMHC project

Overview of Project

The aim of this project is to support the pilot of the IT-CHILD infant early childhood mental health consultation (IECMHC) in home based licensed childcare settings, an initiative of the NYS OCFS led by its nonprofit affiliate, YRI, to integrate evidenced informed practice into state policy.

Project goals

1. Convene and supplement iterative implementation and evaluation of the IT-CHILD Mental Health Consultation model in New York State.
2. Provide actionable policy recommendations to OCFS to encourage the most equitable and cost-effective statewide rollout of IECMHC services.

Deliverables

- Ongoing meetings with Robin Hood and project partners
- Convene project partners to ensure data collection efforts are aligned
- Conduct focus groups with MHCs and providers piloting the IT-CHILD
- Develop a plan for and engage in data coordination and analysis of the IT-CHILD data; where alignment exists use statewide data to help inform IECMHC recommendations.
- Make actionable policy recommendations to OCFS to encourage equitable, cost-effective statewide rollout of IECMHC services using the IT-CHILD.

Overarching questions

- What does it mean for IECMHC to be standardized and implemented as a form of compliance with federal regulations?
- How can OCFS ensure a statewide regulated service is neatly supervised and managed?
- Conduct landscape analysis of existing MHC tracking – what are the regulatory requirements for home-based licensed childcare professional development?

Planned analysis

Step 1: Program surveys (early July 2022): YRI will send a brief survey to program administrators to address the following questions about current practices:

- What practices are being used for provider recruitment? Does this include incentives?
- What are the current practices for services delivery, dosage, and data management?

Step 2: Focus groups with consultants (August 2022): YRI will moderate two 1-hour focus groups with the participating consultants to gain conversational feedback to answer the following guiding questions:

- What are the challenges and lessons learned from implementing services using the I-T CHILD for assessment and coaching?
- What cultural considerations are important when delivering IECMHC services?
- Follow up survey: How are consultants managing their daily schedules? What do they perceive to be the biggest successes of the first round of IECMHC services?

Step 3: Provider survey (September - October 2022)

- What are the perceived benefits of engaging in I-T CHILD focused IECMHC services?

Step 4: Quantitative data analysis (September – October 2022)

- What gains have been made overall and on the individual domains of the I-T CHILD?

Step 5: Triangulation of data and recommendations for scaling (November 2022)

- How does our understanding of the implementation of I-T CHILD focused services inform program planning, provider recruitment, and delivery of services?
- What are the recommendations for service delivery and dosage to provide services using the I-T CHILD model with fidelity?
- What is the recommended ratio of MHCs per region and cost of statewide service delivery?
- What type of data needs to be collected and managed regularly for efficacy and accountability statewide? And by whom?

Dissemination plan

- Use findings to inform RFP
- Robin Hood FUEL convening
- Brief project story for YRI website
- Material for CCR&Rs for dissemination

Questions/comments- please feel free to contact Erica Webster Erica.webster@yriny.org