

NYS Pilot of IECMHC services using the I-T CHILD Provider Survey - First findings

Youth Research Inc. (YRI) is conducting a process evaluation of Infant-Early Childhood Mental Health Consultation (IECMHC) services using the I-T CHILD framework for service delivery. During the current phase of this evaluation, YRI sent out a survey to home-based childcare providers who had completed one round of consultation using the I-T CHILD model. The aim of the survey was to gain insight on providers' experiences in receiving supports and to explore any additional needs of family/group family childcare providers. The survey consisted of five questions and five Likert-scale responses.

The survey was distributed by the mental health consultants who had established relationships with the childcare providers. Survey respondents received \$20 gift cards after survey completion. To increase access, we conducted the survey in English, Spanish, and Chinese. The survey was distributed to about 40 providers, and we received a total of five responses, one of which responded in Spanish, all from group family childcare providers. This brief is a summary of the information shared.

Questions	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
I found the recommendations from my consultant	4	1	0	0	0
helpful					
I have a positive relationship with my consultant	3	2	0	0	0
*The recommendations from my consultant fit well	4	0	0	0	0
into my daily routines					
*The recommendations from my consultant were in	3	1	0	0	0
line with my cultural norms and values					
*I would recommend consultation services to a friend	4	0	0	0	0

Table Notes- * denotes questions skipped by one provider

Providers' Experience with Recruitment

- Most providers reported hearing about consultation services through email, one was referred from another program as well, and one had heard of consultation through trainings.
- Providers decided to participate in consultation to gain information, experience, and because they wanted to be part of Yale's randomized controlled trial (RCT). One provider specifically mentioned the consultant's "ability to help" and "treat people in a kind way" as being a draw to consultation.

Providers' Experiences with IECMHC

- Providers felt that consultation helped in the following ways:
 - Provided overall support in running site smoothly
 - Helped with transitions
 - o Gave ideas to engage with children
 - Increased capacity to help more children and families
- All respondents shared that they found recommendations to be helpful, easy to incorporate, and in line with their cultural norms and values.

Additional social-emotional support needs

- Providers would like more assistance with:
 - Handling behavioral issues
 - o Helping children manage their feelings
 - o Developing children's self-control
 - Learning how to better support children with very little expressive language

Quotes from Providers

- "I am very grateful. [My consultant] was patient and kind with me"
- Consultants "provided excellent advice"
- "My consultant [brought] me items to help with the social-emotional needs of the children of different ages."
- "I had a great experience with my consultant."
- "I have gained more experience and I am learning about very important issues to help children and their families."

Some quotes have been altered for clarity.